

TEACHING NOTES: KARMA AND KOO

Written by Jaquie Lait
Illustrated by Emma Stuart
Published by Little Steps Publishing



SYNOPSIS

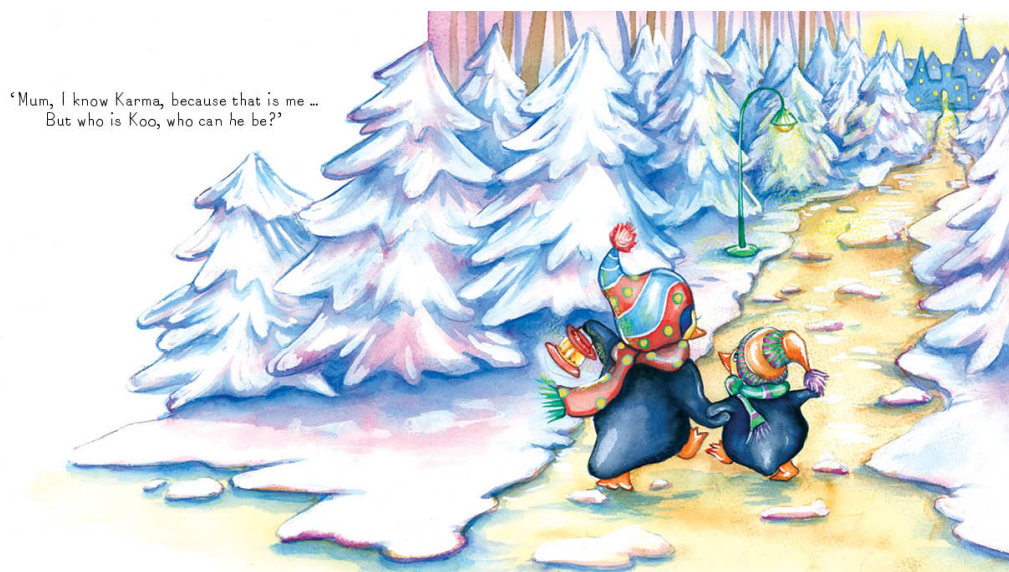
Karma, intrigued by his mother's store's name 'Karma and Koo', sets out on an adventure to find out who Koo is. Karma soon learns that Koo is not a **who** but a **what**, and is, in-fact, something special that we all have inside.

ABOUT THE AUTHOR

Jaquie Lai is a spiritual super mum and inspirational author who enjoys writing children's books that touch the hearts of caregivers and readers, all the while teaching children meaningful life concepts and emotional awareness. Queensland Country (Australia) raised, Jaquie enjoys her outdoors lifestyle and loves being energised and inspired by all-things nature. As a Buddhist and student of Five Mountain Zen Order, Jaquie's self-awareness and compassion beam from her very soul which can be felt within every word she writes, as if her heart is transmitting her love and compassion directly to all that read her works. This makes her children's books just as special to parents, aunts, uncles and caregivers, as they are children.

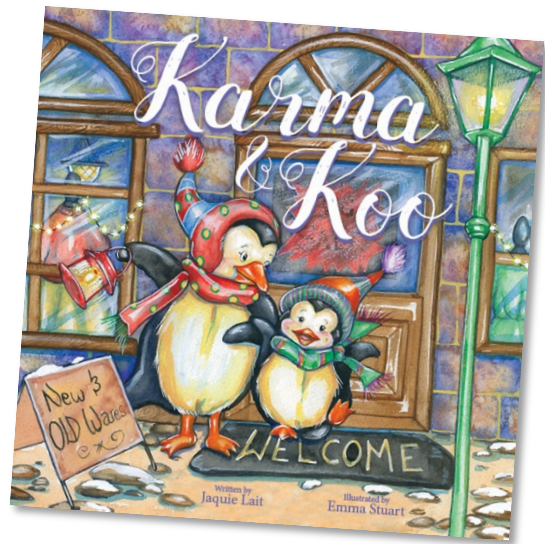
ABOUT THE ILLUSTRATOR

Emma Stuart has been illustrating children's books for the past 11 years. In this time, she has illustrated over 30 books. Emma works primarily with watercolours, but also works with acrylics, oils, pen and ink and pencil. Her characters are full of life and bring a real sense of light-heartedness to the reader. She was recently nominated by Luerzer's Archive Magazine to appear in the 'Best 200 Illustrators Worldwide': 11/12 issue. As well as illustration, Emma also exhibits work regularly.



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EDUCATIONAL APPLICABILITY

Karma and Koo is a heart-warming tale capturing the importance of love and focuses on teaching children emotional awareness.

DISCUSSION TOPICS

Read the book together, asking questions throughout.

1. Look at the cover of the book together. What do you think the story might be about?
2. Karma is trying to find Koo. When you start reading the book, who or what do you think Koo might be? At the end of the book, what do you think Koo is?
3. At the end of the book, Karma's mummy says that Koo is the fuzzy feeling of a huge, gentle hug or the feeling of Christmas Eve. What do you think this means? What other feelings do you think Koo might refer to?
4. Why does Karma's mummy think that Karma is Koo, too?
5. What did the children think of the book? If they liked it, why did they like it? What was their favourite part?

'Koo is that feeling when it's Christmas Eve too,
And the feeling I get, when you say, I love you.'



FUN
ACTIVITY!

DRAWING ACTIVITY

Draw a picture of Karma trying to find Koo. Use your brightest colours!



A large, empty rectangular box with a thin black border, intended for drawing.

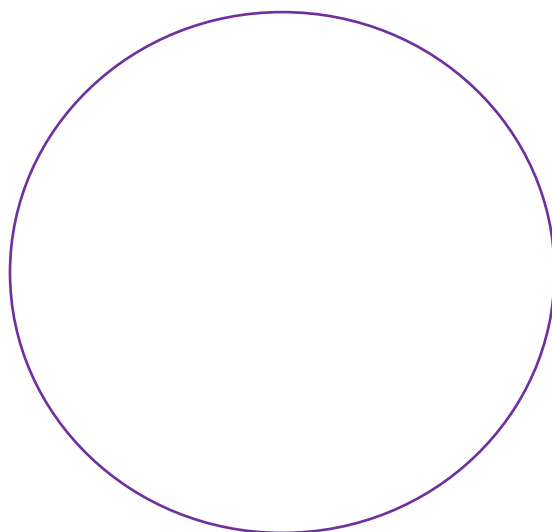
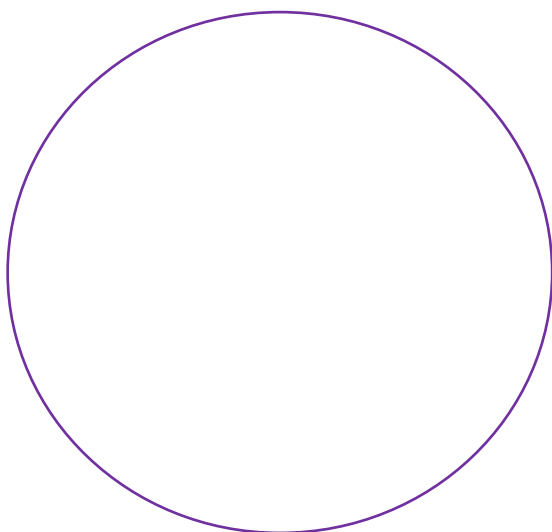
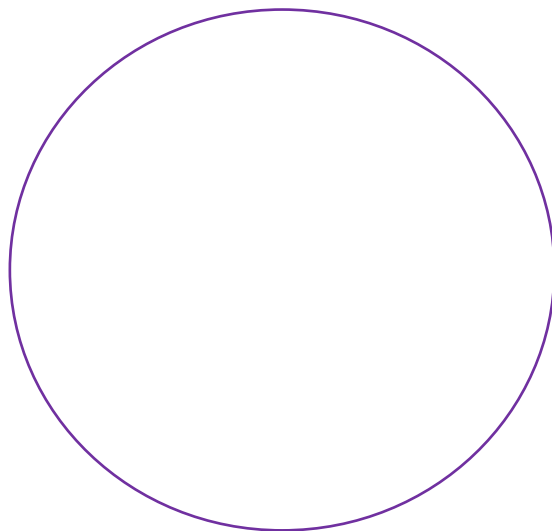
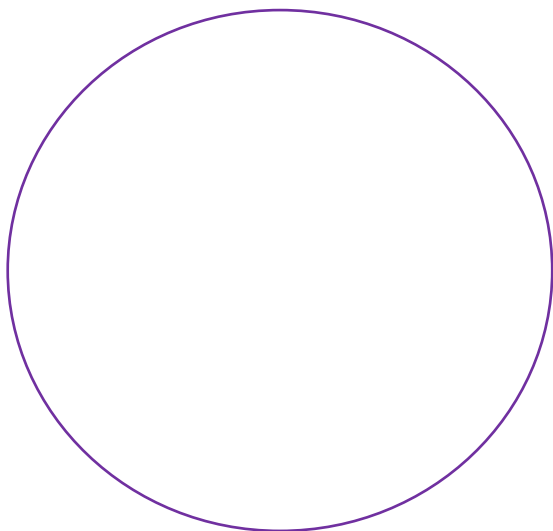


MY KOO ACTIVITY

Write down what Koo means to you. What feelings and emotions do you associate with Koo?



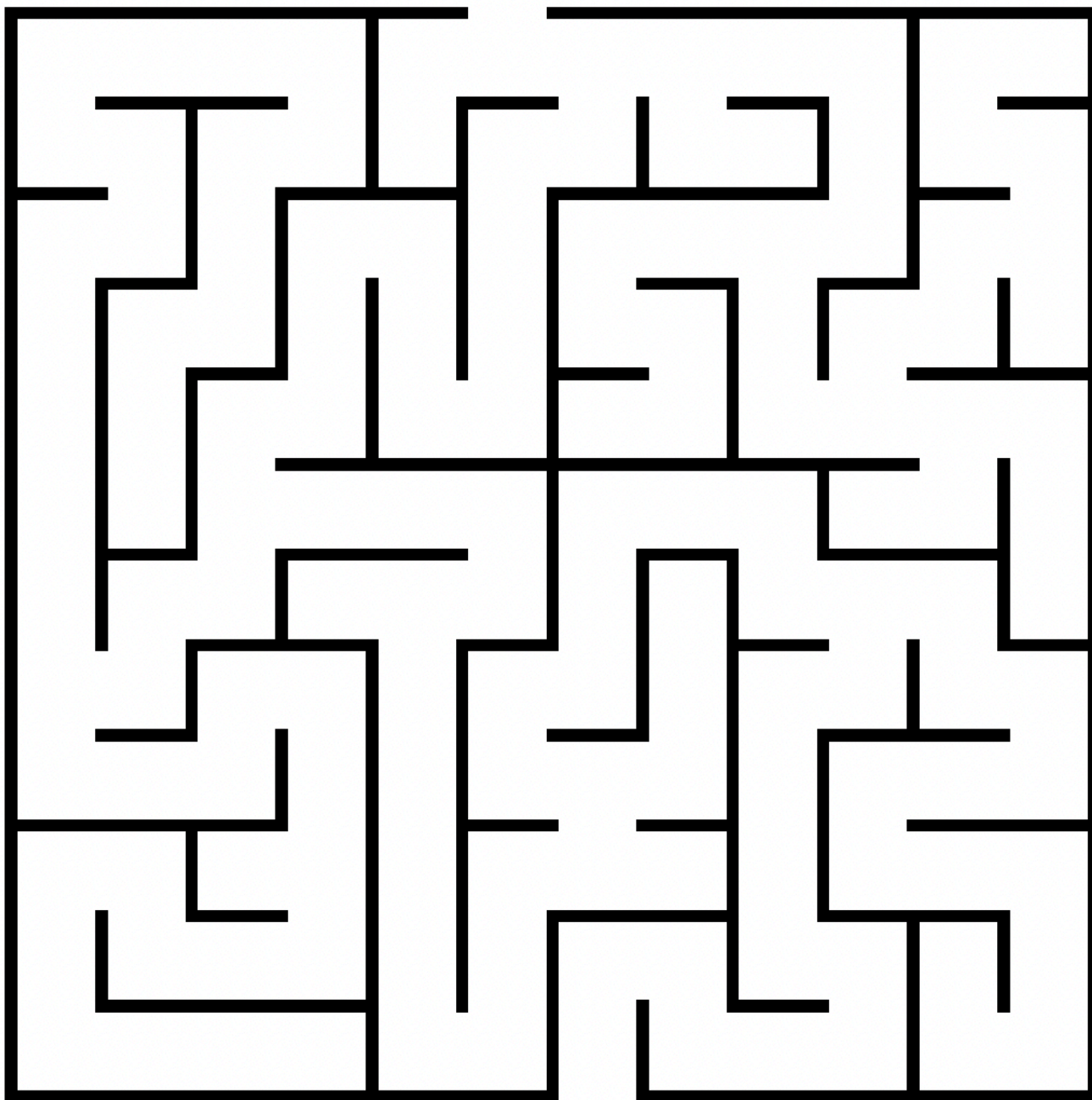
MY KOO IS ...



FUN
ACTIVITY!

A-MAZE-ING KOO!

Help Karma find Koo!



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